

Woburn Bike Park & Trails – Rules of Use

Purpose: These Rules of Use set out the conditions for using Woburn Bike Park & Trails (the "Site"). They must be read before purchasing a ticket, entering the Site or signing the waiver. By accessing the Site, you confirm you understand and agree to comply with these Rules and any instructions given by Woburn staff and volunteers.

Applies to: All riders, spectators and accompanying persons.

Key Message: Mountain biking is an inherently hazardous activity involving risk of serious injury or death. You are responsible for your own decisions, equipment, and riding within your ability.

1) Entry, Permit & Identification

- Entry is permitted only during posted opening hours and on marked trails and access routes.
- You must have a valid permit and, if asked, show proof of purchase and ID.
- Access to closed trails, features or work areas is strictly prohibited.
- Woburn may limit numbers, close areas or suspend riding at any time (e.g., due to weather, maintenance, events, or safety).

2) Rider Responsibilities & Conduct

- Ride within your skill level. If in doubt, choose an easier trail. You must be able to stop safely and in control at all times.
- Pre-ride / Re-ride / Free-ride: Inspect features slowly on first laps, repeat until comfortable, then ride at speed.
- One rider at a time on jumps or technical features. Check landings before committing.
- No racing or timed runs unless part of an authorised event.
- Be considerate: No abusive, threatening or anti-social behaviour. Follow staff/volunteer instructions immediately.
- Headphones/earbuds are not permitted while riding on trails.

3) Age, Supervision & Group Leaders

- Under 14s must be accompanied on-site by a responsible adult (18+).
- Under 16s must have a parent/guardian present on-site or readily contactable and must ride within ability.
- Organised groups, clubs or lessons must have a named leader responsible for compliance with these Rules.

4) Equipment Standards (Minimum)

- Helmet is mandatory: a properly fitted cycle helmet to EN 1078 (or ASTM F1952 for full-face/downhill). Chin strap fastened.

- Strongly recommended for gravity/technical trails: full-face helmet, gloves, eye protection, knee & elbow pads, body armour and neck protection as appropriate.
- Bike condition: two working brakes; tyres suitable for off-road; bar end plugs fitted; steering, suspension and drivetrain in good order.
- No child seats, trailers or tow-ropes on technical/gravity trails.
- E-bikes (EPAC) only: Pedal-assist up to 25 km/h, max 250 W continuous rated motor. No throttles or modified e-bikes.

5) Trail Grades & Signage

Understand and obey trail grades and signage. Trail difficulty may vary with weather and wear.

Grade	Colour	Typical Features	Intended Users
Easy	Green	Gentle gradients, wide surfaces	Beginners / families
Moderate	Blue	Rollable features, small berms, moderate gradients	Riders with basic off-road skills
Difficult (rollable)	Red	Steeper sections, technical features, drops/jumps	Skilled, confident riders
Severe/Expert Black exposed/technical terrain		Large mandatory features, gap jumps,	Expert riders only

Always assess features in person. Do not attempt features beyond your capability.

6) Right of Way & Passing

- Downhill riders have priority on designated downhill trails; do not stop in blind spots, landings or narrow sections.
- When stopping, move fully off the trail and remain visible.
- Announce when overtaking (e.g., "On your left/right"). Only pass when it's safe and invited.
- Respect shared-use signs; give way to pedestrians or horses where signed.

7) Weather, Trail Conditions & Closures

- Surfaces change with weather. Wet, icy or windy conditions increase risk. Adjust speed and line choice.
- Obey closures and diversions. Do not remove or alter barriers/tape/signage.
- Avoid skidding and cutting corners; this damages trails and increases risk to others.

8) Features: Jumps, Drops & Technical Sections

- Scope the line and check landings before riding. Look before you leap.
- Maintain adequate speed control; commit only if you are fully confident.

- Use spotters for blind features where appropriate. One rider on the feature at a time.

9) Incidents, First Aid & Emergencies

- Report all incidents, near misses and hazards to staff/volunteers immediately, giving location, rider name (if known) and description.
- In an emergency: Call 999 first if required, then notify staff/volunteers. Follow instructions and keep access routes clear for emergency services.
- Do not move an injured person unless they are in immediate danger. Stop other riders entering the area if safe to do so.

10) Security, Safeguarding & Personal Property

- Security patrols and CCTV may operate. Follow any direction from Woburn staff/security.
- Report suspicious behaviour or damage immediately. Do not confront—seek staff assistance.
- Supervise children at all times. Lost/vulnerable persons: stay with them in a public place and notify staff.
- Look after your belongings. Woburn is not liable for loss, theft or damage to personal property, bikes or vehicles.

11) Environmental Respect

- Stay on marked trails. Do not create shortcuts or new lines.
- No littering. Take your waste home or use bins provided.
- Protect wildlife and vegetation. Do not disturb habitats.

12) Parking, Access & Site Etiquette

- Park only in designated areas and follow marshal directions.
- Keep access tracks and emergency gates clear at all times.
- Dogs must be on a lead and under control; not permitted on bike trails.
- No smoking or vaping outside designated areas. No alcohol or drugs before or during riding.

13) Drones, Photography & Media

- Drones require written permission from Woburn and compliance with CAA rules. No recreational drone use on or over trails.
- Respect others' privacy. Commercial filming/photography by agreement only.

14) Instruction, Coaching & Events

- Coaching, guiding or organised events require prior written approval and appropriate qualifications, insurance and ratios.
- Riders must follow directions from authorised coaches and marshals.

15) Waiver, Insurance & Medical Fitness

- All riders must read and sign the Participant Waiver before riding.
- You confirm you are medically fit to participate and have disclosed relevant conditions to your companions/coach where appropriate.
- Personal accident/medical/third-party insurance is recommended.

16) Prohibited Items & Behaviours

- No firearms, weapons, pyrotechnics or open flames.
- No motorised vehicles on trails (except authorised maintenance/emergency vehicles).
- No unauthorised trail alterations, building, digging, or maintenance.
- No amplification (loud music/speakers) on trails or in car parks.

17) Non-Compliance & Sanctions

- Breaches of these Rules or staff instructions may result in: verbal/written warning, immediate ejection without refund, suspension or ban from the Site, and/or referral to police where appropriate.
- Woburn may refuse admission or remove persons whose behaviour poses risk to themselves or others.

18) Data Protection

- We process personal data (e.g., ticketing, incidents, CCTV) in line with UK GDPR. Notices are displayed on-site and available on request.

19) Contact

- On the day: speak to any staff member or volunteer.
- Non-urgent enquiries/feedback: info@woburnbikeparkandtrails.co.uk